



# MARCH

# 2025

SUN	MON	TUE	WED	THU	FRI	SAT
26 Madison @10AM ClubADF Katie @4PM Hip Hop Yoga	27 Lauren @1215PM Burn Xpress Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Brandon @715PM \$7 Virtual FuseADF	28 Lauren @6AM ADF Burn Tiffany @530PM FuseADF Milena @645PM Vixen	29 Amber @9AM Zumba Katie @545PM Power Flow Xpress Wine Wednesday Madison @630PM Barless Barre	30 Lauren @9AM ADF Burn Jessica @530PM Zumba Toning Milena @645PM ClubADF	31 Amber @9AM FuseADF \$7 Birthday Class Jessica @530PM ClubADF	1 Tiffany @930AM ADF Mix Katie @11AM Hip Hop Yoga
2 Melanie @10AM Zumba Toning Lauren @4PM ADF Burn	3 Tiffany @1215PM Burn Xpress Jessica @445PM ClubADF Lauren @6PM Hip Hop Yoga Madison @715PM Barless Barre	4 Lauren @6AM ADF Burn Tiffany @530PM FuseADF Milena @645PM Vixen	5 Amber @9AM Zumba Melanie @545PM Fuse Xpress Wine Wednesday Burn & Yoga @630PM Tiffany & Katie	6 Tiffany @9AM ADF Mix Jessica @530PM Zumba Toning Milena @645PM ClubADF	7 Amber @9AM FuseADF Lori @530PM Zumba Toning	8 Amber @930AM ClubADF Lauren @11AM Hip Hop Yoga
9 Jessica @10AM FuseADF Lauren @4PM ADF Burn	10 Tiffany @1215PM Burn Xpress Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Brandon @715PM \$7 Virtual FuseADF	11 Lauren @6AM ADF Burn Tiffany @530PM FuseADF Katie @645PM Hip Hop Yoga	12 Amber @9AM Zumba Lauren @545PM Power Flow Xpress Donation Class Madison, Jessica & Tiffany @630PM FuseADF	13 Tiffany @9AM ADF Mix Jessica @530PM Zumba Toning Lori @645PM ClubADF	14 Amber @9AM FuseADF Lauren @530PM ADF Burn	15 Katie @930AM Hip Hop Yoga Amber @11AM ClubADF
16 Madison @10AM Barless Barre Lori @4PM Zumba Toning	17 Tiffany @1215PM Burn Xpress Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Madison @715PM Barless Barre	18 Katie @6AM Hip Hop Yoga Jessica @530PM FuseADF Milena @645PM Vixen	19 Amber @9AM Zumba Melanie @545PM Fuse Xpress \$7 Community Class Tiffany @630PM ADF Burn	20 Lauren @9AM ADF Burn Lori @530PM Zumba Toning Tiffany @645PM ClubADF	21 Amber @9AM FuseADF Lauren @530PM Hip Hop Yoga	22 Gather GVL Event Free Community Class Team ADF @10AM ADF Mix
23 Amber @10AM ClubADF Melanie @4PM Zumba Toning	24 Lauren @1215PM Burn Xpress Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Brandon @715PM \$7 Virtual FuseADF	25 Lauren @6AM ADF Burn Jessica @530PM FuseADF Tiffany @645PM ADF Mix	26 Tiffany @9AM Zumba Lauren @545PM Power Flow Xpress \$7 Community Class Madison @630PM Barless Barre	27 Lauren @9AM ADF Burn Jessica @530PM Zumba Toning Milena @645PM ClubADF	28 Tiffany @9AM FuseADF Katie @530PM Hip Hop Yoga	29 Melanie @930AM Zumba Toning Milena @11AM Vixen
30 Jessica @10AM ClubADF Passion Project Event <i>*Details coming soon!</i>	31 Melanie @1215PM Toning Xpress Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Madison @715PM Barless Barre	1	2	3	4	5