

SUN	MON	TUE	WED	THU	FRI	SAT
1 Nathaniel @10AM Hip Hop Yoga - Chill Jessica @4PM ClubADF	2 Lori @445PM ClubADF Melanie @6PM FuseADF	3 Lauren @6AM ADF Burn (FB) Tiffany @530PM FuseADF Nathaniel @645PM Hip Hop Yoga - Chill	4 Amber @9AM Zumba Wine Wednesday Madison & Jessica @630PM Barre & Toning	5 Tiffany @9AM ADF Mix (UB) Jessica @530PM Zumba Toning Stephanie @645PM Turn Up Fitness	6 Amber @9AM ADF Groove Stephanie @530PM Turn Up Fitness	7 Small Business Saturday w/Inside Out Wellness Amber & Tiffany @10AM ClubADF
8 Madison @10AM FuseADF Lauren @4PM ADF Burn (LB)	9 Jessica @445PM ClubADF Madison @6PM Barless Barre Brandon @715PM Free Virtual Zumba	10 Lauren @6AM ADF Burn (UB) Tiffany @530PM FuseADF Nathaniel @645PM Hip Hop Yoga - Chill	11 Amber @9AM ADF Groove \$11 Community Class Jessica @630PM ClubADF	12 Lauren @9AM ADF Burn (LB) Jessica @530PM Zumba Toning Stephanie @645PM Turn Up Fitness	13 Amber @9AM FuseADF Tiffany @530PM ADF Mix (FB) ADF Community Social @7PM	14 Melanie @930AM Zumba Toning Nathaniel @11AM Hip Hop Yoga - Chill
15 Katie @10AM Hip Hop Yoga - Flow Lauren @4PM ADF Burn (FB)	16 Jessica @445PM ClubADF Tiffany @6PM ADF Mix (LB)	17 Lauren @6AM ADF Burn (FB) Melanie @530PM FuseADF Nathaniel @645PM Hip Hop Yoga - Chill	18 Tiffany @9AM Zumba Wine Wednesday Lori & Katie @630PM Toning & Yoga	19 Tiffany @9AM ADF Burn (UB) Jessica @530PM Zumba Toning Stephanie @645PM Turn Up Fitness	20 Amber @9AM FuseADF Lori @530PM ClubADF	21 Gather GVL Event Free Community Class Team ADF @10AM FuseADF Tiff, Jess, LH, Steph, Mel
22 Amber @10AM ADF Groove Madison @4PM Barless Barre ADF Team Meeting @530PM	23 Jessica @445PM ClubADF Melanie @6PM Barless Barre	24 Lauren @6AM ADF Burn (LB) Tiffany @530PM FuseADF Nathaniel @645PM Hip Hop Yoga - Chill	25 Amber @9AM Zumba \$11 Community Class Stephanie @630PM Turn Up Fitness	26 Lauren @9AM ADF Burn (FB) Themed Thursday Tiffany & Lori @630PM Theme: March Madness - Dance Edition	27 Amber @9AM FuseADF Tiffany @530PM ADF Mix (FB)	28 Amber @930AM ADF Groove Jessica @11AM Zumba Toning
29 Nathaniel @10AM Hip Hop Yoga - Chill Lori @4PM Zumba Toning	30 Lori @445PM ClubADF Melanie @6PM Zumba Toning Brandon @715PM Free Virtual FuseADF	31 Lauren @6AM ADF Burn (UB) Tiffany @530PM FuseADF Nathaniel @645PM Hip Hop Yoga - Chill	1	2	3	4