



March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1	2	3	4
Katie @10AM Hip Hop Yoga Shana @4PM Vixen	Jessica @445PM Zumba Toning Travis @6PM ClubADF \$5 Virtual Community Class Brandon @715PM FuseADF	Allie @6AM Zumba Tiffany @530PM FuseADF Melanie @645PM Zumba	Lauren @9AM ADF Burn \$5 Community Class Tiffany @630PM ADF Mix	Katie @6AM Hip Hop Yoga Lori @530PM ClubADF Shana @645PM Vixen	Amber @9AM FuseADF Megan @445PM ClubADF Megan @6PM Burn Xpress	Melanie @930AM Zumba Toning Katie @11AM Hip Hop Yoga
5	6	7	8	9	10	11
Jessica @10AM FuseADF Lauren @4PM ADF Burn	Travis @445PM ClubADF Lori @6PM ClubADF Shana @715PM Vixen	Lauren @6AM ADF Burn Tiffany @530PM FuseADF Katie @645PM Hip Hop Yoga	Amber @9AM FuseADF Wine Wednesday Tiffany & Melanie @630PM Burn & Toning	Katie @6AM Hip Hop Yoga Jessica @530PM Zumba Lauren @645PM ADF Burn	Amber @9AM Zumba Megan @445PM ClubADF	Jessica @930AM FuseADF Tiffany @11AM ADF Mix
12	13	14	15	16	17	18
Travis @10AM Zumba Toning Lori @4PM FuseADF	Lauren @445PM ADF Burn Jessica @6PM ClubADF \$5 Virtual Community Class Brandon @715PM FuseADF	Katie @6AM Hip Hop Yoga Tiffany @530PM FuseADF Lori @645PM Zumba Toning	Amber @9AM Zumba Tiffany @545PM Burn Xpress Wine Wednesday Travis & Jessica @630PM ClubADF	Lauren @6AM ADF Burn Jessica @530PM Zumba Toning Melanie @645PM Zumba	Tiffany @9AM ADF Mix Katie @445PM Hip Hop Yoga	Melanie @930AM FuseADF Shana @11AM Vixen
19	20	21	22	23	24	25
Jessica @10AM FuseADF Amber @4PM ClubADF	Tiffany @445PM ADF Burn Jessica @6PM Zumba Toning Travis @715PM FuseADF	Katie @6AM Hip Hop Yoga Tiffany @530PM FuseADF Melanie @645PM Zumba	Amber @9AM ClubADF \$5 Community Class Lauren @630PM ADF Burn	Lauren @6AM ADF Burn Melanie @530PM Zumba Toning Shana @645PM Vixen	Amber @9AM Zumba Tiffany @445PM ADF Mix	Brandon @930AM FuseADF Megan @11AM ClubADF
26	27	28	29	30	31	1
Brandon @10AM ClubADF Katie @4PM Hip Hop Yoga	Jessica @445PM FuseADF Tiffany @6PM ADF Mix Lori @715PM ClubADF	Lauren @6AM ADF Burn Tiffany @530PM FuseADF Melanie @645PM Zumba Toning	Amber @9AM ClubADF Tiffany @545PM Burn Xpress Wine Wednesday Travis & Lori @630PM	Katie @6AM Hip Hop Yoga Jessica @530PM Zumba Shana @645PM Vixen	Amber @9AM Zumba Lauren @445PM ADF Burn	