



APRIL

2025

SUN	MON	TUE	WED	THU	FRI	SAT
30 Jessica @10AM ClubADF Kids Community Field Day @2PM-4PM	31 Melanie @1215PM Toning Xpress Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Madison @715PM Barless Barre	1 Lauren @6AM ADF Burn Tiffany @530PM FuseADF Katie @645PM Hip Hop Yoga	2 Amber @9AM Zumba Milena @545PM Vixen Xpress Wine Wednesday Tiffany & Melanie @630PM ADF Mix	3 Lauren @9AM ADF Burn Jessica @530PM Zumba Toning Lori @645PM ClubADF	4 Amber @9AM FuseADF Jessica @530PM ClubADF	5 Guest Instructor Travis @10AM FuseADF
6 Lauren @10AM Hip Hop Yoga Lauren @4PM ADF Burn	7 Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Brandon @715PM \$7 Virtual FuseADF	8 Lauren @6AM ADF Burn Tiffany @530PM FuseADF Milena @645PM Vixen	9 Amber @9AM Zumba Madison @545PM Fuse Xpress Wine Wednesday Lauren & Tiffany @630PM ADF Burn	10 Tiffany @9AM ADF Mix Jessica @530PM Zumba Toning Milena @645PM ClubADF	11 Amber @9AM FuseADF Jessica @530PM ClubADF	12 Melanie @930AM Zumba Toning Amber @11AM ClubADF
13 Puppy Yoga Event Other Lands Brewery Lauren @10AM Madison @4PM Barless Barre	14 Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Brandon @715PM \$7 Virtual ClubADF	15 Lauren @6AM ADF Burn Jessica @530PM FuseADF Milena @645PM Vixen	16 Amber @9AM Zumba Melanie @545PM Toning Xpress Wine Wednesday Madison @630PM Barless Barre	17 Tiffany @9AM ADF Mix Paws Around GVL Walk @1230PM Jessica @530PM Zumba Toning \$7 Birthday Class Lauren @645PM Hip Hop Yoga	18 Tiffany @9AM FuseADF Lauren @530PM ADF Burn	19 Katie @930AM Hip Hop Yoga Milena @11AM ClubADF
20 No Classes Happy Easter!	21 Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Madison @715PM Barless Barre	22 Lauren @6AM ADF Burn Tiffany @530PM FuseADF Milena @645PM Vixen	23 Amber @9AM Zumba Lauren @545PM Power Flow Xpress Wine Wednesday Tiffany & Jessica @630PM ADF Mix	24 Lauren @9AM ADF Burn Jessica @530PM Zumba Toning Milena @645PM ClubADF	25 Amber @9AM FuseADF Katie @530PM Hip Hop Yoga	26 Mutt Strutt 5K @830AM Melanie @11AM FuseADF
27 Shop Small Spring Market @12PM-4PM Lori @4PM Zumba Toning	28 Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Madison @715PM Barless Barre	29 Lauren @6AM ADF Burn Tiffany @530PM FuseADF Milena @645PM Vixen	30 Amber @9AM Zumba \$7 Demo Class Amber @1030AM ADF Groove Tiffany @545PM Burn Xpress Wine Wednesday Melanie & Katie @630PM Toning & Yoga	1	2	3