



# September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>
Amber @10AM Zumba Lori @4PM FuseADF	Lauren @445PM ADF Burn Jessica @6PM Zumba Toning Milena @715M ClubADF	Katie @6AM Hip Hop Yoga Tiffany @530PM FuseADF Shana @645PM Vixen	Amber @9AM ClubADF Tiffany @545PM Burn Xpress \$5 Community Class Melanie @630PM Zumba	Lauren @6AM ADF Burn Katie @530PM Hip Hop Yoga Madison @645PM FuseADF	Tiffany @9AM ADF Mix Madison @445PM ClubADF	Jessica @930AM FuseADF Megan @11AM ClubADF
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Amber @10AM Zumba Melanie @4PM Zumba Toning	Labor Day \$5 Community Class Jessica & Melanie @9AM FuseADF	Katie @6AM Hip Hop Yoga Lori @530PM FuseADF Lauren @645PM ADF Burn	Amber @9AM FuseADF Wine Wednesday Jessica & Milena @630PM ClubADF	Lauren @6AM ADF Burn Katie @530PM Hip Hop Yoga Madison @645PM ClubADF	Amber @9AM FuseADF Megan @445PM ClubADF	Tiffany @930AM ADF Mix Melanie @11AM Zumba Toning
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Milena @10AM Zumba Lauren @4PM ADF Burn	Lori @445PM ClubADF Jessica @6PM Zumba Toning \$5 Virtual Community Class Brandon @715PM FuseADF	Lauren @6AM ADF Burn Tiffany @530PM FuseADF Milena @645PM ClubADF	Amber @9AM FuseADF Wine Wednesday Katie & Tiffany @630PM ADF Mix	Milena @6AM Zumba Madison @530PM ClubADF Melanie @645PM FuseADF	Katie @9AM Hip Hop Yoga Jessica @445PM ClubADF	Melanie @930AM Zumba Toning Lauren @11AM ADF Burn
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Amber @10AM ClubADF Lori @4PM FuseADF	Amber @445PM Zumba Jessica @6PM Zumba Toning Milena @715PM ClubADF	Katie @6AM Hip Hop Yoga Tiffany @530PM FuseADF Madison @645PM ClubADF	Lauren @9AM ADF Burn \$5 Community Class Lori @630PM FuseADF	Milena @6AM Zumba Tiffany @530PM ADF Mix Melanie @645PM Zumba Toning	Madison @9AM FuseADF Lauren @445PM ADF Burn	Gather GVL Free Community Class Team ADF @930AM
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Jessica @10AM FuseADF Madison @4PM ClubADF	Tiffany @445PM ADF Mix Lauren @6PM ADF Burn Lori @715PM Zumba Toning	Lauren @6AM ADF Burn Tiffany @530PM FuseADF Melanie @645PM Zumba	Amber @9AM Zumba Tiffany @545PM Burn Xpress \$5 Community Class Jessica @630PM ClubADF	Milena @6AM ClubADF Katie @530PM Hip Hop Yoga Madison @645PM FuseADF	Amber @9AM FuseADF Lori @445PM ClubADF	Katie @930AM Hip Hop Yoga Milena @11AM Vixen